

# HEALTHY OPTIONS

## Sandwiches/wraps

|                                       |      |
|---------------------------------------|------|
| Egg & lettuce sandwich <b>V</b>       | 9.99 |
| Chicken schnitzel                     | 9.99 |
| Ham, cheese & tomato baguette         | 9.99 |
| Vegan rainbow wrap <b>VE</b> <b>N</b> | 9.99 |

## Fresh salads

|                                     |       |
|-------------------------------------|-------|
| Tokyo chicken bowl                  | 12.99 |
| Thai beef salad <b>GF</b> <b>DF</b> | 12.99 |
| Middle Eastern mezze <b>GF</b>      | 12.99 |
| Vegan rainbow salad bowl            | 12.99 |

|                       |                     |                        |
|-----------------------|---------------------|------------------------|
| <b>GF</b> Gluten-free | <b>V</b> Vegetarian | <b>N</b> Includes nuts |
| <b>DF</b> Dairy-free  | <b>VE</b> Vegan     |                        |

## Sushi

|  |       |
|--|-------|
| Chicken rice paper rolls <b>GF</b> <b>DF</b>             | 11.99 |
| Vegetarian rice paper rolls <b>GF</b> <b>DF</b> <b>V</b> | 11.99 |
| Teriyaki chicken sushi                                   | 11.99 |
| Tuna & cucumber sushi                                    | 11.99 |

## Snacks & drinks

|                           |           |
|---------------------------|-----------|
| See display for selection | From 3.50 |
|---------------------------|-----------|





## Hot drinks

|  | RG   | LG   |
|--|------|------|
| Flat white, cappuccino,<br>latte, chai, long black | 4.50 | 4.99 |
| Espresso, ristretto,<br>macchiato, piccolo         | 4.00 |      |
| Hot chocolate                                      | 4.50 | 4.99 |
| Mocha  | 4.50 | 4.99 |
| Tea  |      |      |
| Assorted tea                                       | 4.00 | 4.50 |
| Baby cino  |      | 1.50 |
| Extra shot, extra syrup                            |      | .50  |

## Bakery

|                      |      |
|----------------------|------|
| Chunky beef pie      | 7.99 |
| Curry beef pie       | 7.99 |
| Chicken breast pie   | 7.99 |
| Sausage roll         | 7.99 |
| Spinach & fetta roll | 7.99 |

## COFFEE & MUFFIN

RG 7.90

LG 8.50

